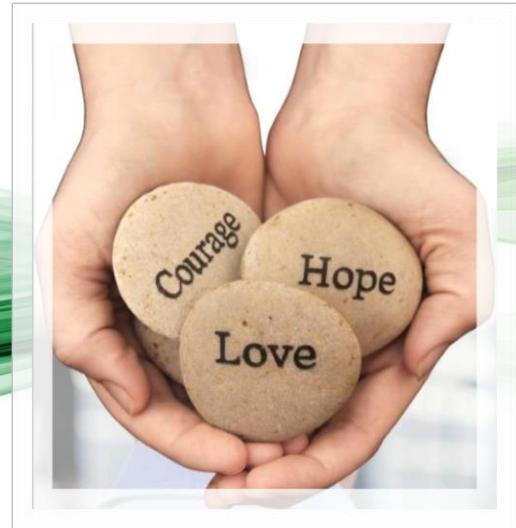


# FAMILY CONNECTIONS™

A skills-based program that offers a lifeline to families facing Borderline Personality Disorder



## THE NATIONAL EDUCATION ALLIANCE FOR BORDERLINE PERSONALITY DISORDER

invites you to attend a 12 week course

### Family Connections

at

The Institute for Girls' Development  
95 N. Marengo Ave. Suite 100  
Pasadena, CA 91101

**August 9, 2018 through October 25, 2018  
6:30-8:30pm**

#### COURSE CONTENT:

- Research-based program typically taught as 12-week course
- Education & Research on BPD
- Skills training for families based on Dialectical Behavior Therapy
- Relationship Mindfulness
- Effective Communication
- Validation
- Development of a support network

#### HOW TO REGISTER:

Go to our website: [www.borderlinepersonalitydisorder.com/family-connections](http://www.borderlinepersonalitydisorder.com/family-connections)

Note: Space is limited and registration is first come, first served. This workshop is NOT open to people who suffer from BPD, only to family members and close friends. A voluntary \$50 donation is requested. No one will be turned away for financial reasons. For questions about this course, contact leaders from the Institute for Girls' Development Jessica Fisher, Psy.D. [jfisher@IFGD.care](mailto:jfisher@IFGD.care) or Mary Schultz, M.A. [Mschultz@IFGD.care](mailto:Mschultz@IFGD.care).



National Education Alliance for Borderline Personality Disorder  
[www.borderlinepersonalitydisorder.com](http://www.borderlinepersonalitydisorder.com)