



Superflex Summer Academy

**A SUPER FUN SOCIAL SKILLS-BUILDING THERAPEUTIC CAMP
FOR GIRLS IN 2ND - 5TH GRADES**

institute for *girls'* development[®]

Monday, July 22 - Friday, July 26
10:30am - 1:30pm

\$570 before July 15, then \$610
**Ask about an insurance
form when you call.**

- This imaginative, empowering therapeutic camp teaches friendship and emotional regulation skills while reducing anxiety.
- Designed for girls who would benefit from tools to improve attention, impulsivity, flexibility and reading social cues.
- Girls defeat the Unthinkables - cool characters who represent tough behaviors like Space Invader, Glassman and Topic Twistermeister.

- **Get ready to fly!** Yes, the girls will don their very own superhero capes as they partake in exciting adventures with the Unthinkables!
- **Get creative!** They'll use art supplies and inspiration to make personalized books.
- **Get moving!** High energy, indoor and outdoor activities keep everyone on the move.
- **Get social!** Superflex builds friendship skills, confidence and camaraderie. Join us!

Call Maryanne Mueller at 626-585-8075 ext 108 to learn more or schedule an intake session.

Empowering girls & women for life * InstituteForGirlsDevelopment.com

Melissa J. Johnson, PhD (PSY 13102)